

Herby Burgers and Wedges with tomato salad and blue cheese

Family 40-45 mins · Optional Spice · Eat me first











Blue Cheese









Dried Oregano

Brioche Buns





Red Wine Vinegar

Cherry Tomatoes





Potatoes

Parsley





Chilli

Breadcrumbs

Before you start

Our fruit, veg and herbs need a wash before you use them!

Cooking tools you will need

Grater, Baking Sheet with Baking Paper

Ingredients

	2P	4P
Beef Mince	250 g	500 g
Blue Cheese 7)	60 g	120 g
Mayo 8) 9)	2 sachet	4 sachet
Garlic	1 unit	2 unit
Dried Oregano	1 sachet	2 sachet
Brioche Buns 7) 8) 11) 13)	2 unit	4 unit
Red Wine Vinegar 14)	1 sachet	2 sachet
Cherry Tomatoes	125 g	250 g
Potatoes	400 g	800 g
Parsley	10 g	20 g
Chilli	½ unit	1 unit
Breadcrumbs 13)	1 pack	1 pack

Nutrition

	Per serving	Per 100g
for uncooked ingredients	518.8 g	100 g
Energy (kJ/kcal)	3594.9 kJ/ 859.2 kcal	693 kJ/ 165.6 kcal
Fat (g)	39.5 g	7.6 g
Sat. Fat (g)	15.5 g	3 g
Carbohydrate (g)	81.5 g	15.7 g
Sugars (g)	9.8 g	1.9 g
Protein (g)	42.5 g	8.2 g
Salt (g)	1.4 g	0.3 g

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

7) Milk 8) Egg 9) Mustard 11) Soya 13) Cereals containing gluten 14) Sulphites

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

Contact

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Roast the Wedges

- Preheat your oven to 220°C/200°C fan/gas mark 7.
- Chop the **potatoes** into 2cm wide wedges (no need to peel).
- Pop the wedges onto a large (lined) baking tray.
 Drizzle with oil, season with salt and pepper, then toss to coat. Spread out in a single layer.
- Roast on the top shelf of your oven until golden, 25-35 mins. Turn halfway through.

TIP: Use two baking trays if necessary.



Prep Your Veg

- Meanwhile, finely chop the parsley (stalks and all).
- Deseed and finely chop half the chilli (double for 4p).
- Peel and grate the **garlic** (or use a garlic press).



Make the Burgers

- Put the garlic, oregano, half the parsley and half the chilli (use less if you don't like spice) into a large bowl.
- Add half the breadcrumbs and 2 tbsp water (double for 4p). Season with ¼ tsp salt and pepper.
- Mix together, then add the **beef mince**. Mix with your hands until combined, then shape into burgers about 2cm thick, 1 per person.
 IMPORTANT: Wash your hands and equipment after handling raw mince.



Cook the Burgers

- Heat a drizzle of oil in a pan on medium-high heat.
- Once hot, add the burgers and fry until browned and cooked through, 12-14 mins total.
- Turn them every 4 mins and lower the heat if needed. IMPORTANT: Burgers are cooked when no longer pink in the middle.
- Remove the pan from the heat. Carefully place the **blue cheese** on top of the burgers. Cover then set aside, off the heat for 3-4 mins.

TIP: Not a fan of blue cheese? Simply give it a miss!



Make Your Salad

- While the burgers cook, halve the cherry tomatoes and pop them into a bowl. Add the remaining parsley and chilli along with the red wine vinegar and 2 tbsp oil.
- Season to taste with salt and pepper and mix together.
- Halve the brioche buns. 2-3 mins before the wedges are cooked, put the buns in your oven to warm through.



Finish and Serve

- When everything is ready, spread some mayo on the bottom of each bun.
- Add the burger, followed by the top of the **bun**.
- Serve with the potato wedges and tomato salad alongside.

Enjoy!