

Irish Sirloin Steak in Creamy Truffle Sauce with broccoli and crushed baby potatoes

Premium 35-40 mins







Creme Fraiche

21 Day Aged Sirloin Steak





Truffle Oil

**Baby Potatoes** 





Broccoli

Beef Stock



#### Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

### Cooking tools you will need

Aluminium foil, baking sheet with baking paper, pan with lid

#### Ingredients

	2P	4P
21 Day Aged Sirloin Steak	250 g	500 g
Creme Fraiche	125 g	250 g
Truffle Oil	1 pack	2 packs
Baby Potatoes	400 g	800 g
Broccoli	1 unit	1 unit
Beef Stock	1 sachet	2 sachets

#### Nutrition

	Per serving	Per 100g
for uncooked ingredients	514.5 g	100 g
Energy (kJ/kcal)	2681.9 kJ/ 641 kcal	521.3 kJ/ 124.6 kcal
Fat (g)	39 g	7.6 g
Sat. Fat (g)	22.3 g	4.3 g
Carbohydrate (g)	36.3 g	7.1 g
Sugars (g)	6.7 g	1.3 g
Protein (g)	36.1 g	7 g
Salt (g)	1 g	0.2 g

Nutrition for uncooked ingredients based on 2 person recipe.

#### Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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#### **Roast the Potatoes**

- Preheat your oven to 240°C/220°C fan/gas mark 9.
- Halve the potatoes lengthways and pop onto a lined baking tray.
- Drizzle with oil, season with salt and pepper then toss to coat. Spread out in a single layer, cut-side down.
- When the oven is hot, roast the **potatoes** on the top shelf until slightly tender, 15-20 mins.



#### Fru the Broccoli

- While the potatoes roast, cut the broccoli into florets. Halve any large florets.
- Place a pan over medium-high heat with a drizzle of oil.
- Once hot, add the broccoli to the pan. Season with salt and pepper.
- Fry for 2-3 mins then add a splash of water and cover with a lid or some foil. Cook until tender, 4-5 mins.
- Once cooked, remove from the pan and cover to keep warm.



## **Crush the Potatoes**

- When the **potatoes** have been cooking for 15 mins, remove them from the oven.
- Use the bottom of a bowl or pan to gently crush each potato.
- Drizzle the smashed **potatoes** with more **oil** and return to the top shelf of your oven to cook until crispy and golden, 10-15 mins more.



#### **Cook the Steak**

- · Return the pan to high heat with a drizzle of oil.
- Season the steaks with salt and pepper.
- Once hot, fry the **steaks** until browned. Cook for 1-2 mins on each side for medium-rare.
- Cook for another 1-2 mins on each side if you'd like them more well-done. IMPORTANT: Wash hands and equipment after handling raw meat and its packaging. Meat is safe to eat when the outside is browned.
- Once cooked, remove from pan, cover with foil and allow to rest.



#### Make the Sauce

- Return the pan to high heat, adding the creme fraiche and beef stock powder.
- Cook until thickened, stirring occasionally, 2-3 mins.
- Remove from the heat and stir through the truffle oil.
- Thinly slice the **steak**.

TIP: Add a splash of water to loosen the sauce if required.



#### **Finish and Serve**

- Plate the sliced **sirloin** with the creamy truffle sauce drizzled over.
- · Serve crushed potatoes and tender broccoli alongside.





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