



# Speedy Mushroom Rigatoni

with pesto sauce and parsley

Veggie Quick Cook 20-25 mins

8



Grated Italian Style Hard Cheese



Dried Rigatoni



Onion



Mushrooms



Green Pesto



Parsley



Creme Fraiche



## Before you start

Our fruit, veg and herbs need a wash before you use them!  
We recommend reading the recipe in full before beginning to cook.

## Cooking tools you will need

Colander

## Ingredients

	2P	4P
Grated Italian Style Hard Cheese	25 g	50 g
Dried Rigatoni	180 g	360 g
Onion	1 unit	2 units
Mushrooms	250 g	500 g
Green Pesto	1 sachet	2 sachets
Parsley	5 g	10 g
Crema Fraiche	125 g	250 g

## Nutrition

	Per serving	Per 100g
for uncooked ingredients	372.5 g	100 g
Energy (kJ/kcal)	3186.5 kJ/ 761.6 kcal	855.4 kJ/ 204.5 kcal
Fat (g)	40.4 g	10.8 g
Sat. Fat (g)	19.4 g	5.2 g
Carbohydrate (g)	77.7 g	20.8 g
Sugars (g)	9.9 g	2.7 g
Protein (g)	21.9 g	5.9 g
Salt (g)	0.8 g	0.2 g

Nutrition for uncooked ingredients based on 2 person recipe.

## Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.  
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

## Contact

Thumbs up or thumbs down?  
Head online or use the app to rate this recipe.



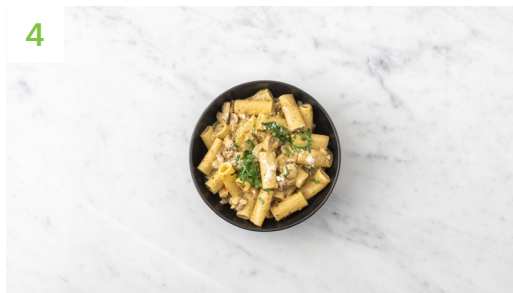
You can recycle me!



## Cook the Rigatoni

- Boil a pot of **salted water** for the **rigatoni**.
- When boiling, add the **pasta** and cook until softened, 12 mins.
- Once cooked, drain in a colander and pop back in the pot.
- Drizzle with **oil** and stir through to stop it sticking together.

**TIP:** *If you're in a hurry you can boil the water in your kettle.*



## Divide and Serve

- Divide the **pasta** between bowls.
- Garnish with **Italian style hard cheese** and chopped **parsley**.

## Enjoy!



## Fry the Veg

- Meanwhile, place a medium pan over medium heat with a drizzle of **oil**.
- Halve, peel and chop the **onion** into small pieces. Clean the **mushrooms** with kitchen paper and cut them into quarters.
- When the **oil** is hot, add the **onion** and fry for 1-2 mins. Add the **mushrooms** and cook for 5-7 mins, stirring occasionally.
- Add the **pesto** and **crema fraiche** and heat for 2-3 min, until slightly thickened.



## Add the Pasta

- Roughly chop the **parsley**, stalks and all.
- Add the drained **pasta** to the pan with the **mushroom pesto** mixture.
- Toss to coat fully.
- Season to taste with **salt** and **pepper**.